

Frequency	Note	Reference
40,000	Most working at 40-50khz "Basically sleepwalking."	The Five Forms of Abundance (2019)
50,000	Most working at 40-50khz "Basically sleepwalking."	The Five Forms of Abundance (2019)
60,000	Most operating at 40-60khz on average.	2027: The Contact Fulcrum (2018)
100,000	Average on Earth is below (100khz).	Mirror Mirror Reflection (2021)
144,000	The Neutral Point (144khz).	The Five Forms of Abundance (2019)
150,000	Transformation path: Releasing fear, working love (150-190khz).	Mirror Mirror Reflection (2021)
160,000	Transformation path: Releasing fear, working love (150-190khz).	Mirror Mirror Reflection (2021)
180,000	Hybrid children that will meet us (180-250khz). Transformation path: Releasing fear, working love (150-190khz).	Mirror Mirror Reflection (2021)
190,000	Hybrid children that will meet us (180-250khz). Transformation path: Releasing fear, working love (150-190khz).	Mirror Mirror Reflection (2021)
200,000	Peaceful Range (200khz+). Transition to Fourth Density.	2027: The Contact Fulcrum (2018)
250,000	Hybrid children that will meet us (180-250khz).	Mirror Mirror Reflection (2021)
250,000	Quaziphyiscal range (250-275khz).	The Five Forms of Abundance (2019)
275,000	Quaziphyiscal range (250-275khz).	The Five Forms of Abundance (2019)
290,000	Essassani civilziation average (290-300khz).	2027: The Contact Fulcrum (2018)
300,000	Essassani, Jesus and Buddha (300khz).	The Five Forms of Abundance (2019)
333,000	Transition from our to fourth dimension to nonphysical. Transition to fifth density (333khz).	Space Time Travel (1991) 2027: The Contact Fulcrum (2018)